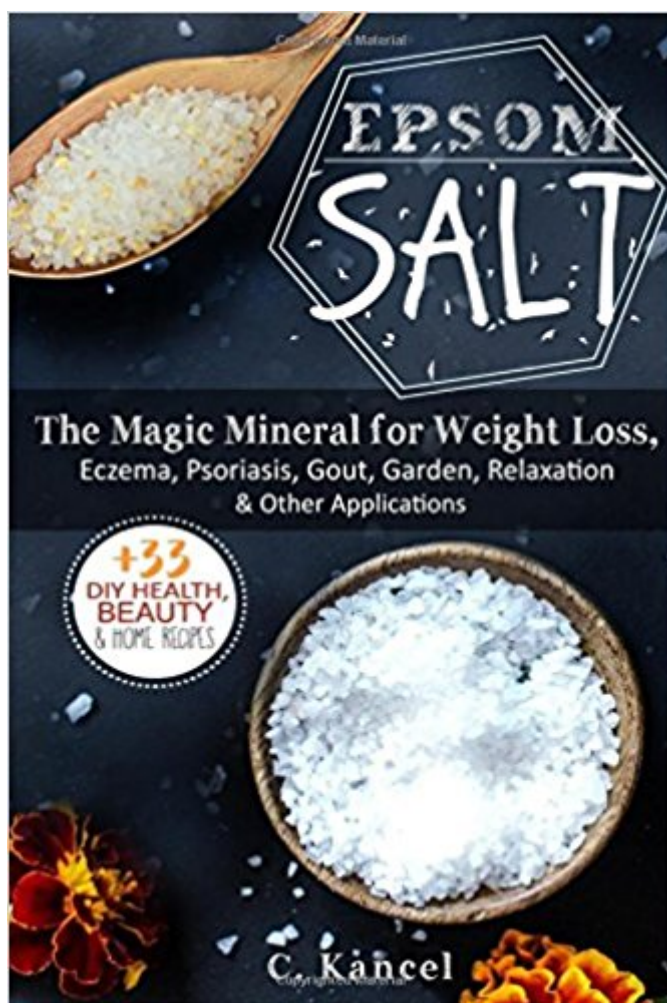


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# **Epsom Salt: The Magic Mineral For Weight Loss, Eczema, Psoriasis, Gout, Garden, Relaxation & Other Applications (+33 DIY Top Health, Beauty & Home Recipes) (Magnesium, Acne, Natural Hair Care)**





## Synopsis

Epsom Salt Is Here To Help You! Get to know the Magic Mineral, Epsom salt. Here, Youâ™ll read about what Epsom salt is, what the various applications of Epsom salt are and about its miraculous benefits. Plus, we will provide you with the 33 top Epsom salt recipes that are super easy to follow at home. Epsom salt or Magic mineral is a truly amazing substance, it was discovered long before people were very looking after their health and wellness, and has been known as a 'Magic Mineral' Ever since, you might be wondering why; Well, because Epsom salt is able to; Improve your physical condition Help you lose weight Improve the quality of your muscles and skin Support your personal health Improve your feeling of well being Fight various diseases and conditions Boost the growth of trees, flowers and your lawn Clean your house And much, much more..! Right here you can learn how to use this magic mineral in your day-to-day life! Grab a copy of the book for only \$2.99 and discover this all-round Magical substance can do for your health, skin and garden!

## Book Information

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## Customer Reviews

When human beings experience the depths and down of life, it is not uncommon for their lives to unravel. Chris Kancel is driven to make information understandable, and does so through his writings, coaching and transforming products. Chrisâ™s writings are easy to understand and his techniques are simple and rewarding to implement in your busy life. With the ever increasing amount of information on the internet, you can find yourself wondering where to begin. Chrisâ™s main objective is to make information as easy to understand as possible. As far as time allows, Chris strives to stay in touch with his loyal clients for their and improvements sake, Chris is always

open for feedback! Chris is born in Belgium and has spend a fair amount of time growing up and contributing to the development in Kenya. Being fluent in English and Swahili makes Chris an interesting individual to be around with. Chris finished his degree in applied psychology in 2009 and is on a personal quest to improve peopleâ€™s happiness, health and learning capabilities. He often travels back to Kenya where he has his own small development aid project; raising awareness in young minds and contributing to a smarter next generation of Kenyans. Books are food for thought and hold the power to change our perception and unhealthy habits. Chrisâ€™s books focus on personal happiness and health, development and making your life easier. Chrisâ€™s writings are easy to take in, written in a captivating way and tackle various common problems like small depressions, health issues and connect in places where traditional education fails. You are welcome to leave an honest review after you have read Chrisâ€™s writings. Another way to connect with him is through his Author website: <http://bit.ly/2bG6YGr> This will also grant you the opportunity to read about upcoming writings, ongoing projects and even get your hands on some free short reads!

I have learn many thing about Epsom salt through this book. This book will help you learn more about its benefits to our health. You also learn how how this salt can heal your eczema, Gout problems, lose weight and many more. At first I have doubt that it could help me but after trying stuff i have learn from the book i believe it works. It is magical natural alternative that does work.

I have heard a lot about the magic features of Epsom salt. And decided to learn how to use it on my own. And this guide was of much help for me, offering some theory on the benefits of using Epsom salt and then some really cool recipes, especially the ones for relaxation!

Excellent book! This book was surprisingly interesting, It is well written and has a great tone to it. I love Epsom salt and always use it in tub soaks so it was really fantastic to Lear about other uses. I have learned many uses of Epsom salt with the help of this book. Highly recommended.

This book was a great read. I didn't know about this salt before and I'm very happy I do now. This mineral has helped me lose those extra pounds I used to carry with me and got me ready for summer. Definitely reccomend.

Even at 99Â¢, this book is overpriced. It stretches out 2 minutes worth of information into 15 and

charges you for the privilege of wasting your time.

I wanted some information about Epsom salt and its health benefits, so I decided to get this book. It has been a great introduction to the topic and I've already starting implementing some of the tips in to my life

good info for anyone to read

Epsom salt can be used for so many things. I never heard of the usage of Epsom salt and this book surprised me beyond belief. Now, we always have a box of Epsom somewhere in a cabinet.

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